

ASIA

Reader's

digest



**MOST TRUSTED
&
MOST READ**

A REEF IN CRISIS



PAGE 68

**Kawaii: Japan's
Obsession
with Cute**

PAGE 87

DRAMA
**Lost in the
Desert**

PAGE 38

10 MEDICAL Breakthroughs

PAGE 46

**Little Kids
& Big Dogs**

PAGE 56

**Encounters
with Ghosts**

PAGE 30

BONUS READ

- Cold Case - Worse Than Murder 104
- News Worth Sharing 114

OCTOBER 2017
ISSN 0034-0383



SINGAPORE \$9.90
MALAYSIA RM 15
PHILIPPINES P 199

Contents

OCTOBER 2017

Everyday Heroes

- 26 THE TRIKE THAT LOVE BUILT**
An inspired invention and a dramatic rescue; two tales of ordinary people performing extraordinary acts of bravery - and love.

GREG BARTON AND ANDY SIMMONS

Reader Stories

- 30 GHOSTLY REAL ENCOUNTERS**
Where do you stand on the 'ghosts are real' question? Before you answer, have a read of these hair-raising true stories.

Drama in Real Life

- 38 LOST IN BIG BEND**
A full-day walk in this pretty western Texas canyon seemed easy for this husband and wife. Until they lost the trail. CATHY FRYE

FROM THE ARKANSAS DEMOCRAT-GAZETTE

Medical Advances

- 46 GOOD HEALTH NEWS!**
From cancer to migraines and more, we check in on some of medicine's most amazing leaps forward. MARY S. AIKINS

Animal Kingdom

- 56 LITTLE KIDS AND THEIR BIG DOGS**
"It's a connection that doesn't need words," says photographer Andy Seliverstov. "Love for dogs and children makes people kinder." We couldn't agree more. FROM LITTLE KIDS AND THEIR BIG DOGS

RD Classic, February 1965

- 62 A FAMILY FOR FREDDIE**
Who would take a chance on adopting this baby boy born without arms? ABBIE BLAIR



P. | 30



P. | 46 ▲



Contents

OCTOBER 2017

P. | 56



Environment

68 BATTLE FOR SURVIVAL

Dive in to one of the great debates of our time: is the Great Barrier Reef really dying?

DAVID LEVELL

Who Knew?

76 WHY THERE'S NO CLEAN WAY TO PEEL AN ORANGE

What squirts oil a thousand times faster than a space shuttle launching? We'll give you one juicy clue... BRANDON SPEKTOR

Discovery

80 MOON SHOTS

Houston, we have a pictorial... Stunning images tracing the 1961–72 Project Apollo missions that took us to the moon and back.

PATRICIE FEXOVA

Society

87 JAPAN'S CUTE OBSESSION

From Hello Kitty to Bad Badtz-Maru, Japan has a love of *kawaii* – or 'cute' – that's as charming as it is unexpected. CHRIS PRITCHARD

Travel

96 LOVE ON THE ROCKS

The island of Corsica enchants, inspires – and occasionally mystifies. MICHAEL PATERNITI FROM

TRAVEL & LEISURE

Bonus Read

104 WORSE THAN MURDER

A police detective is haunted by unresolved aspects of a case he worked for over a decade.

SIMON BOUDA

P. | 80



THE DIGEST

Health

- 16 Managing leg fatigue; coeliac treatment; reasons your gums are bleeding; hearing aid benefits

Travel

- 22 Top things to do in Japan

Tech

- 24 Ditch these annoying email habits

Pets

- 25 Tips for keeping reptiles as pets

News Worth Sharing

- 114 Some of the positive stories coming our way

RD Recommends

- 117 All that's best in books, films, podcasts and DVDs



P. | 22 ▲

REGULARS

- 4 Editor's Letter
6 Letters
9 My Story
12 Kindness of Strangers
14 Smart Animals
92 Look Twice
124 Puzzles, Trivia & Word Power

CONTESTS

- 5 Submit Your Jokes and Stories
7 Caption and Letter Competition

HUMOUR

- 36 Life's Like That
54 Laughter, the Best Medicine
78 All in a Day's Work



P. | 14 ▲



SEE
PAGE 5